

# 22nd Annual Run for the Roses 5K

## Grafton Lakes State Park

### August 12, 2007

Finish Line and Results by "Race with Us" [racewithus@mindspring.com](mailto:racewithus@mindspring.com)

Place	Name	Age	S	City	St	Time	Pace
=====	=====	===	=	=====	==	=====	=====
1	<b>Joel Frost-Tift</b>	19	M	<b>Averill Park</b>	<b>NY</b>	<b>16:23</b>	<b>5:17</b>
2	Anthony Giuliano	28	M	Albany	NY	16:49	5:25
3	Dennis Hurley, III	15	M	Delmar	NY	17:34	5:40
4	Dan Bulson	18	M	Petersburgh	NY	18:05	5:50
5	<b>Brina Sequine</b>	17	F	<b>Rensselaer</b>	<b>NY</b>	<b>18:49</b>	<b>6:04</b>
6	Garry Hurd	33	M	Delmar	NY	19:04	6:09
7	Ethan Estabrooks	18	M	Cropseyville	NY	19:20	6:14
8	Kyle Gutbrodt	16	M	Poestenkill	NY	19:22	6:14
9	Gary Berger	48	M	Troy	NY	19:24	6:15
10	Steve Walsh	19	M	Wynantskill	NY	19:27	6:16
11	Philip Hartshom	18	M	Petersburgh	NY	19:33	6:18
12	Nathaniel Burke	18	M	Albany	NY	19:34	6:18
13	Richard Munson	50	M	Prattsville	NY	19:45	6:22
14	Steve Jones	52	M	Averill Park	NY	19:59	6:26
15	Pete Birdsinger	44	M	Troy	NY	20:03	6:28
16	Pat Glover	61	M	Clifton Park	NY	20:10	6:30
17	Paul Bennett	56	M	Latham	NY	20:22	6:34
18	Paul Denio	46	M	Troy	NY	20:34	6:37
19	Aaron Estabrooks	16	M	Cropseyville	NY	20:35	6:38
20	Michael Stankus	16	M	Cropseyville	NY	20:44	6:41
21	Richard Hartshom	52	M	Petersburgh	NY	20:58	6:45
22	Mark Conrad	48	M	Eatontown	NJ	21:08	6:48
23	Teresa Alger	40	F	Middle Grove	NY	21:09	6:49
24	Phil Clemente	48	M	Schaghticoke	NY	21:10	6:49
25	Paul Ryan	48	M	Niskayuna	NY	21:12	6:50
26	Michael Bromm	47	M	Valley Falls	NY	21:13	6:50
27	Jessica Dunton	24	F	Lebanon Springs	NY	21:14	6:50
28	John Sestito	43	M	Johnsonville	NY	21:15	6:51
29	Megan Derby	18	F	Cropseyville	NY	21:22	6:53
30	James Thomas	61	M	Castleton	NY	21:33	6:56
31	Mike Pytko	51	M	North Adams	MA	21:36	6:58
32	Nick Conrad	49	M	Cropseyville	NY	21:41	6:59
33	James Boswell	21	M	Cropseyville	NY	21:44	7:00
34	Theresa Sime	22	F	Stephentown	NY	21:46	7:01
35	Rob Dils	36	M	Troy	NY	21:52	7:03
36	Tom Mack	42	M	Wynantskill	NY	21:58	7:04
37	Keith LaPlante	37	M	Troy	NY	22:08	7:08
38	Matthew Carey	15	M	East Greenbush	NY	22:10	7:08
39	Anne Strock	43	F	Petersburgh	NY	22:20	7:12
40	Terra Sentiwany	32	F	Rensselaer	NY	22:24	7:13
41	John Butler	40	M	Latham	NY	22:25	7:13
42	Andrew Gilchrist Jr	15	M	Cropseyville	NY	22:31	7:15
43	Tom Tift	49	M	Averill Park	NY	22:41	7:18
44	Peter Gordon	52	M	Troy	NY	22:43	7:19
45	Aaron Davis	18	M	Averill Park	NY	22:49	7:21
46	Kayleigh Quell	19	F	Rensselaer	NY	22:51	7:22
47	Erinn McCarthy	26	F	Oakridge	NY	23:02	7:25
48	Margaret Bromirski	35	F	Albany	NY	23:03	7:25
49	Robert Fournier	50	M	Dracut	MA	23:03	7:26
50	Steven Silverberg	49	M	Niskayuna	NY	23:08	7:27
51	T Man	59	M	Troy	NY	23:12	7:28
52	Carolyn Jolly	15	F	North Chatham	NY	23:15	7:29
53	Scott Flarecki	35	M	Troy	NY	23:15	7:29

54	Michael Rogers	17	M	Troy	NY	23:25	7:33
55	Colby Gail	27	M	Berlin	NY	23:27	7:33
56	Hannah Springer	15	F	East Nassau	NY	23:31	7:34
57	Kelsey Ryan	16	F	Niskayuna	NY	23:39	7:37
58	Tim Mooney	33	M	Delmar	NY	23:43	7:38
59	Uriah Burhans	17	M	Grafton	NY	23:46	7:39
60	Connor Hoyt	13	M	Cropseyville	NY	23:47	7:40
61	Bret Derby	13	M	Cropseyville	NY	23:54	7:42
62	Joe Meredith	40	M	Kinderhook	NY	23:59	7:43
63	Matt Kelly	50	M	Grafton	NY	24:10	7:47
64	Kevin Gifford	18	M	Troy	NY	24:20	7:50
65	Jared Stritsman	23	M	Petersburgh	NY	24:22	7:51
66	Frank Klose	64	M	Castleton	NY	24:37	7:56
67	Jason DiPierro	33	M	Cherry Plain	NY	24:46	7:59
68	George Drew	63	M	Poestenkill	NY	24:51	8:00
69	Dale Kasson	63	M	Troy	NY	24:53	8:01
70	Jim Cochran	58	M	Rensselaer	NY	24:59	8:03
71	Timothy Springer	17	M	East Nassau	NY	25:03	8:04
72	David Boswell	17	M	Cropseyville	NY	25:04	8:04
73	Tom Rogan	62	M	Troy	NY	25:06	8:05
74	Dave Malone	36	M	Wynantskill	NY	25:16	8:08
75	Abbey Butler	10	F	Latham	NY	25:17	8:09
76	Michael Doyle	43	M	Rensselaer	NY	25:18	8:09
77	Bill Peters	48	M	Hoosick Falls	NY	25:25	8:11
78	Leo DiPierro	57	M	Cherry Plain	NY	25:40	8:16
79	Kelly Ann DeAprix	17	F	Scotia	NY	25:48	8:19
80	Ashley Rokjer	16	F	Cropseyville	NY	26:00	8:23
81	John Parsons	51	M	Troy	NY	26:01	8:23
82	Dennis Hurley, Jr	44	M	Delmar	NY	26:10	8:26
83	Christopher Southar	51	M	Malden Bridge	NY	26:11	8:26
84	Richard Vallerie	54	M	Stuyvesant	NY	26:22	8:30
85	Robert Knouse	67	M	Voorheesville	NY	26:24	8:30
86	Hope Dils	36	F	Troy	NY	26:26	8:31
87	John M Greene	35	M	Berlin	NY	26:27	8:31
88	Nelson Furlano	54	M	Cannan	NY	26:29	8:32
89	Nellie Barker	28	F	Averill Park	NY	26:38	8:35
90	Emily Olson	13	F	Berlin	NY	26:41	8:36
91	Kevin Siska	28	M	Troy	NY	26:48	8:38
92	Geneva Furlano	15	F	Cannan	NY	26:51	8:39
93	Fran Pilato	48	F	Rensselaer	NY	26:55	8:40
94	Eric Hamilton	62	M	Clifton Park	NY	26:57	8:41
95	Sara Magin	15	F	New Lebanon	NY	26:58	8:41
96	Ann Hurley	44	F	Delmar	NY	26:59	8:41
97	Joe Hein	57	M	Altamont	NY	27:00	8:42
98	Thomas Dunton	52	M	Lebanon Springs	NY	27:03	8:43
99	Michael J Crandall	47	M	Cropseyville	NY	27:10	8:45
100	Alicia Basse	30	F	Cropseyville	NY	27:12	8:46
101	Kimberly Blank	16	F	West Lebanon	NY	27:13	8:46
102	Brad Bortnick	32	M	Cropseyville	NY	27:14	8:46
103	Rick Morgan	55	M	Stillwater	NY	27:16	8:47
104	Maggie Springer	15	F	East Nassau	NY	27:20	8:48
105	Hannah Riordan	12	F	Nassau	NY	27:27	8:50
106	Nicole Stagni	32	F	Petersburgh	NY	27:28	8:51
107	Karen Boswell	51	F	Cropseyville	NY	27:31	8:52
108	Amie Bortnick	32	F	Cropseyville	NY	27:59	9:01
109	Lauren Morisseau	15	F	Verona	NJ	28:11	9:05
110	Alexa Rysedorph	14	F	Clifton Park	NY	28:11	9:05
111	Donna Lustenhouwer	53	F	Altamont	NY	28:24	9:09
112	Sandy Sweet-Perpetu	36	F	East Schodack	NY	28:24	9:09
113	Vin Berger	45	M	Glenmont	NY	28:25	9:09
114	Bryan Butler	39	M	Troy	NY	28:28	9:10
115	Jackson Burhans	9	M	Grafton	NY	28:33	9:12
116	Melissa Miller	28	F	Troy	NY	28:34	9:12
117	Sierra Conklin	26	F	Grafton	NY	28:50	9:17

118	John DiMuro	55	M	East Chatham	NY	29:14	9:25
119	Judy Henderson	50	F	Johnsonville	NY	29:25	9:28
120	Zach DiPierro	21	M	Cherry Plain	NY	29:28	9:29
121	Gail Hein	55	F	Altamont	NY	29:32	9:31
122	Katelyn Wagner	21	F	Troy	NY	29:32	9:31
123	Tom Wagner	55	M	Troy	NY	29:32	9:31
124	Beverly DiMuro	54	F	East Chatham	NY	29:33	9:31
125	Chris Glover	28	M	Hoosick Falls	NY	29:37	9:32
126	Regina McGarvey	37	F	Castleton	NY	29:42	9:34
127	Colin Carelli	20	M	Grafton	NY	29:44	9:34
128	Jessica Crandall	20	F	Cropseyville	NY	29:44	9:35
129	Robert L Gilchrist	13	M	Cropseyville	NY	29:52	9:37
130	Andrew Gilchrist Sr	43	M	Cropseyville	NY	29:53	9:37
131	Selene Southard	48	F	Malden Bridge	NY	30:07	9:42
132	Janelle Stall	49	F	Rensselaer	NY	30:09	9:43
133	Kendra Houston	12	F	East Nassau	NY	30:11	9:43
134	Karen M Stauch	52	F	East Nassau	NY	30:15	9:45
135	Jessica Minbirole	29	F	Cropseyville	NY	30:22	9:47
136	Bob Zettergren	51	M	Rensselaer	NY	30:29	9:49
137	James Murphy	51	M	East Greenbush	NY	30:39	9:52
138	Colleen Glavin	33	F	Schodack Landin	NY	31:29	10:08
139	Karina Tipton	30	F	Rutherford	NJ	31:33	10:10
140	Ken Conklin	47	M	Berne	NY	31:59	10:18
141	Tristan Southard	11	M	Malden Bridge	NY	32:13	10:23
142	Jill M Risko	11	F	East Nassau	NY	32:16	10:23
143	Kristin Morisseau	12	F	Verona	NJ	32:26	10:27
144	Anna Carey	14	F	East Greenbush	NY	32:44	10:32
145	Michelle McDonald	44	F	East Greenbush	NY	33:36	10:49
146	Joseph Stauch	58	M	East Nassau	NY	33:39	10:50
147	Meredith Leinineger	28	F	Troy	NY	33:40	10:50
148	Eiko Bogue	70	F	Schaghticoke	NY	33:45	10:52
149	Sarah Risko	12	F	East Nassau	NY	33:48	10:53
150	Yuko Kashiwado	45	F	Troy	NY	33:49	10:53
151	Judith L Barrett	45	F	Cohoes	NY	33:51	10:54
152	Thomas Lyons	62	M	Latham	NY	34:24	11:05
153	Heather Fitzpatrick	30	F	Albany	NY	34:32	11:07
154	Noreen Buff	59	F	Latham	NY	34:56	11:15
155	Lesley Mitchel	18	F	Watervliet	NY	34:57	11:15
156	Natalia Dunton	50	F	Lebanon Springs	NY	35:29	11:26
157	Tom Conklin	54	M	Grafton	NY	35:58	11:35
158	Stacie Brunet	36	F	Rensselaer	NY	36:16	11:41
159	Elizabeth Miller	61	F	Berlin	NY	36:28	11:44
160	Linda Keeley	61	F	Waterford	NY	36:39	11:48
161	Donald McBain	74	M	Wynantskill	NY	38:04	12:15
162	John McCarty	64	M	New York	NY	38:29	12:23
163	Dawn Lensink	13	F	Cannan	NY	40:14	12:57
164	Linda Sowalski	15	F	Cannan	NY	40:14	12:57
165	Derek Burhans	54	M	Grafton	NY	41:28	13:21
166	Molly Risko	14	F	East Nassau	NY	42:13	13:36

## \*\*\*\*\* AWARDS LIST \*\*\*\*\*

## \*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1 Brina Sequine 17 Rensselaer NY 18:49  
Record 17:08 by Lori Hewig in 1990

## \*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1 Joel Frost-Tift 19 Averill Park NY 16:23  
Record 15:17 by Rich Coughlin in 1989

## FEMALE AGE GROUP: 1 - 14

1	Abbey Butler	10	Latham	NY	25:17
2	Emily Olson	13	Berlin	NY	26:41
3	Hannah Riordan	12	Nassau	NY	27:27

## MALE AGE GROUP: 1 - 14

1	Connor Hoyt	13	Cropseyville	NY	23:47
2	Bret Derby	13	Cropseyville	NY	23:54
3	Jackson Burhans	9	Grafton	NY	28:33
			FEMALE AGE GROUP: 15 - 19		
1	Megan Derby	18	Cropseyville	NY	21:22
2	Kayleigh Quell	19	Rensselaer	NY	22:51
3	Carolyn Jolly	15	North Chatham	NY	23:15
			MALE AGE GROUP: 15 - 19		
1	Dennis Hurley, III	15	Delmar	NY	17:34
2	Dan Bulson	18	Petersburgh	NY	18:05
3	Ethan Estabrooks	18	Cropseyville	NY	19:20
			FEMALE AGE GROUP: 20 - 29		
1	Jessica Dunton	24	Lebanon Springs	NY	21:14
2	Theresa Sime	22	Stephentown	NY	21:46
3	Erinn McCarthy	26	Oakridge	NY	23:02
			MALE AGE GROUP: 20 - 29		
1	Anthony Giuliano	28	Albany	NY	16:49
2	James Boswell	21	Cropseyville	NY	21:44
3	Colby Gail	27	Berlin	NY	23:27
			FEMALE AGE GROUP: 30 - 39		
1	Terra Sentiwany	32	Rensselaer	NY	22:24
2	Margaret Bromirski	35	Albany	NY	23:03
3	Hope Dils	36	Troy	NY	26:26
			MALE AGE GROUP: 30 - 39		
1	Garry Hurd	33	Delmar	NY	19:04
2	Rob Dils	36	Troy	NY	21:52
3	Keith LaPlante	37	Troy	NY	22:08
			FEMALE AGE GROUP: 40 - 49		
1	Teresa Alger	40	Middle Grove	NY	21:09
2	Anne Strock	43	Petersburgh	NY	22:20
3	Fran Pilato	48	Rensselaer	NY	26:55
			MALE AGE GROUP: 40 - 49		
1	Gary Berger	48	Troy	NY	19:24
2	Pete Birdsinger	44	Troy	NY	20:03
3	Paul Denio	46	Troy	NY	20:34
			FEMALE AGE GROUP: 50 - 59		
1	Karen Boswell	51	Cropseyville	NY	27:31
2	Donna Lustenhouwer	53	Altamont	NY	28:24
3	Judy Henderson	50	Johnsonville	NY	29:25
			MALE AGE GROUP: 50 - 59		
1	Richard Munson	50	Prattsville	NY	19:45
2	Steve Jones	52	Averill Park	NY	19:59
3	Paul Bennett	56	Latham	NY	20:22
			FEMALE AGE GROUP: 60 - 69		
1	Elizabeth Miller	61	Berlin	NY	36:28
2	Linda Keeley	61	Waterford	NY	36:39
			MALE AGE GROUP: 60 - 69		
1	Pat Glover	61	Clifton Park	NY	20:10
2	James Thomas	61	Castleton	NY	21:33
3	Frank Klose	64	Castleton	NY	24:37
			FEMALE AGE GROUP: 70 - 99		
1	Eiko Bogue	70	Schaghticoke	NY	33:45
			MALE AGE GROUP: 70 - 99		
1	Donald McBain	74	Wynantskill	NY	38:04