

# Indian Ladder Trail Run 3.5 Miles

## John Boyd Thacher State Park

### Sunday July 15, 2007

A HMRRRC Event—Results by Jim Moore

Place	Div	Name	Age	S	City	St	Time	Pace
<b>1</b>	<b>1</b>	<b>Dennis Hurley, III</b>	<b>15</b>	<b>M</b>	<b>Delmar</b>	<b>NY</b>	<b>21:30</b>	<b>6:09</b>
2	1	Jared Finke	17	M	Altamont	NY	22:38	6:28
3	2	RJ Sniffen	16	M	Latham	NY	23:03	6:35
4	2	Nick Webster	18	M	Latham	NY	23:03	6:36
5	1	Ryan Patz	31	M	Albany	NY	23:12	6:38
6	3	Jeffery Moller	16	M	Altamont	NY	23:30	6:43
7	3	Aaron Dorsey	18	M	Clifton Park	NY	23:34	6:44
8	2	Chris Nowak	32	M	Watervliet	NY	23:38	6:45
<b>9</b>	<b>1</b>	<b>Dana Peterson</b>	<b>36</b>	<b>F</b>	<b>Voorheesville</b>	<b>NY</b>	<b>23:46</b>	<b>6:48</b>
10	1	Casey Gilboy	14	F	Latham	NY	24:12	6:55
11	1	Tom Rest	47	M	Ballston Lake	NY	24:29	7:00
12	3	Scott Handy	30	M	Cobleskill	NY	24:38	7:03
13	1	Gabe Tabak	23	M	Niskayuna	NY	24:40	7:03
14	1	Roxanne Wegman	19	F	Delmar	NY	24:45	7:05
15	1	Maria Christman	28	F	Rexford	NY	25:08	7:11
16		Charles Petraske			M Saratoga Spring	NY	26:00	7:26
17	1	Brenan Tarrier	29	M	Albany	NY	26:40	7:37
18	1	Eric Freedman	50	M	Duanesburg	NY	26:51	7:41
19		Brandi Page			F Albany	NY	26:58	7:43
20	1	Ernie Paquin	60	M	Gansevoort	NY	27:09	7:46
21	2	Chad Madaychik	25	M	Albany	NY	27:29	7:51
22	2	Kimberly Miseno-Bow	37	F	Amsterdam	NY	27:31	7:52
23	2	Hilary Edmunds	18	F	Voorheesville	NY	27:32	7:52
24	3	Penny Tisko	38	F	Voorheesville	NY	27:33	7:53
25	2	Lea Cure	13	F	Altamont	NY	27:39	7:54
26	2	David Brown	49	M	Niskayuna	NY	27:41	7:55
27	3	David Newman	27	M	Albany	NY	27:44	7:56
28	1	Lynn Ohlsten	42	F	Altona	NY	27:45	7:56
29	4	Patrick Sorsby	31	M	Albany	NY	27:52	7:58
30	1	John Foley	56	M	Schenectady	NY	27:54	7:59
31	3	Brian Teague	48	M	Glens Falls	NY	27:59	8:00
32	3	Anna Pickett	13	F	Schenectady	NY	28:07	8:02
33	4	Lewis Streeter	45	M	Ghent	NY	28:08	8:03
34	1	Luke Caton	11	M	Delmar	NY	28:15	8:05
35	1	Emma Hollinger	12	F	Averill Park	NY	28:37	8:11
36	4	Kelly Camardo	13	F	Altamont	NY	29:18	8:23
37	5	Joshua Katzman	31	M	Clifton Park	NY	29:24	8:24
38	2	Mark Regan	51	M	Glens Falls	NY	29:28	8:25
39	1	Anthony Apuzzi	40	M	Delmar	NY	29:31	8:26
40	3	Paul Hartwig	50	M	Adams	MA	29:35	8:28
41	2	Peter Liefing	24	M	Albany	NY	29:40	8:29
42	1	Derick Fay	39	M	Schenectady	NY	29:45	8:30
43	2	Ronald Bouton	56	M	Albany	NY	29:51	8:32
44	1	Sally Drake	34	F	Albany	NY	29:55	8:33
45	2	Heather Deerin	25	F	Hoboken	NJ	29:57	8:34
46	4	Kevin Kelly	26	M	Hoboken	NJ	29:59	8:34
47		Bill Caton			M Delmar	NY	30:01	8:35
48	1	Zoe Edwards	16	F	Voorheesville	NY	30:03	8:36
49	4	Scott Bradley	52	M	Pittsfield	MA	30:04	8:36
50	2	Leo Vogelien	62	M	Voorheesville	NY	30:15	8:39
51	4	Dylan Sanderson	17	M	Schaghticoke	NY	30:19	8:40

52	5	Brian Hunt	48	M	Delanson	NY	30:21	8:41
53	2	Steve Booker	11	M	Delmar	NY	30:46	8:48
54	4	Lizzie Rockmore	35	F	Denver	CO	30:57	8:51
55	1	Billy Lasch	14	M	Colonie	NY	31:01	8:52
56	5	Grace Trees	14	F	Richmondville	NY	31:01	8:52
57	5	Robert Ingersoll	53	M	Menands	NY	31:08	8:54
58	3	Bob Massaro	63	M	Chicopee	MA	31:16	8:56
59	3	Paul Williams	55	M	Burnt Hills	NY	31:25	8:59
60	3	Kelsey Allen	17	F	Clifton Park	NY	31:33	9:01
61	6	Michael Tymeson	33	M	Waterford	NY	31:33	9:01
62	1	Bob Knouse	67	M	Voorheesville	NY	31:38	9:03
63	1	Karen Dott	51	F	Colonie	NY	31:42	9:04
64	4	Darwin Roosa	57	M	Altamont	NY	31:44	9:04
65	2	Jennifer Lutz	32	F	Albany	NY	31:46	9:05
66	3	Rebecca Rosenberg-b	25	F	Albany	NY	31:54	9:07
67	3	Jeanne Garber	31	F	Albany	NY	32:04	9:10
68	6	James Summa	52	M	Waterford	NY	32:27	9:17
69	1	Erin Rightmyer	23	F	Schenectady	NY	32:32	9:18
70	3	Paul Mueller	23	M	Albany	NY	32:33	9:18
71	2	Ruth Brown	23	F	Niskayuna	NY	32:41	9:21
72	2	Anne Hurley	44	F	Delmar	NY	32:45	9:22
73	1	Joan Brown	49	F	Niskayuna	NY	32:47	9:22
74	5	Alan Leake	55	M	Bennington	VT	32:49	9:23
75	4	Joseph Guy	63	M	Voorheesville	NY	32:53	9:24
76	6	Christopher Johnson	49	M	Pittsfield	MA	33:01	9:26
77	2	Donna Choiniere	53	F	Colonie	NY	33:04	9:27
78	5	Mike Dinneen	60	M	Malta	NY	33:05	9:28
79	6	Bert Lannon	58	M	Millis	MA	33:07	9:28
80	7	Bradford Van Luipen	56	M	Schoharie	NY	33:15	9:30
81	8	Frank Broderick	55	M	Ballston Lake	NY	33:16	9:31
82	3	Chris Varley	43	F	Albany	NY	33:17	9:31
83	7	Patrick Britell	30	M	Albany	NY	33:32	9:35
84	8	Thomas Karl	31	M	Albany	NY	33:35	9:36
85	5	Leo Brown	18	M	Niskayuna	NY	33:38	9:37
86	2	Jim Hotaling	67	M	Niverville	NY	33:40	9:37
87	9	Frank Harris	56	M	Troy	NY	33:47	9:39
88	2	Matt Neal	38	M	Waterford	NY	33:47	9:40
89	7	Howard Sanderson	51	M	Schaghticoke	NY	33:50	9:40
90	2	Joe Bouck	44	M	Latham	NY	34:00	9:43
91	2	Nancy Taormina	48	F	Albany	NY	34:05	9:45
92	9	John Caputo	31	M	Coxsackie	NY	34:08	9:46
93	4	Laura Lutz	31	F	Watervliet	NY	35:02	10:01
94	5	Dina Allen	38	F	Scotia	NY	35:12	10:04
95	2	Kathleen Willey	16	F	Clifton Park	NY	35:25	10:08
96	10	Mirek Janczur	32	M	Albany	NY	35:28	10:08
97	7	Michael Ganley	45	M	Hudson	NY	35:40	10:12
98	3	Judson Wheeler	41	M	Lee	MA	35:53	10:16
99	4	Heather Greene	40	F	Hancock	MA	35:54	10:16
100	4	Amanda Long	27	F	Albany	NY	35:55	10:16
101	5	Jeffrey Baez	26	M	Albany	NY	36:23	10:24
102	6	Kimberly Willey	14	F	Clifton Park	NY	36:26	10:25
103	8	Paul Willey	52	M	Clifton Park	NY	36:27	10:25
104	3	Maura Foley	20	F	Schenectady	NY	36:28	10:25
105	5	Amanda Hammell	27	F	Old Chatham	NY	36:36	10:28
106	6	Thomas Miller	63	M	Altamont	NY	36:40	10:29
107	4	Emily Gravelle	20	F	Ballston Lake	NY	36:46	10:31
108	2	Jill Risko	11	F	East Nassau	NY	37:03	10:35
109	6	Patty Duffy	38	F	Springfield	MA	37:05	10:36
110	10	Dan Finn	57	M	Menands	NY	37:27	10:42
111	3	Meg Ryan	15	F	Loudonville	NY	38:08	10:54
112	3	Ray Lee	65	M	Halfmoon	NY	38:13	10:56
113	3	Selene Southard	48	F	Malden Bridge	NY	38:18	10:57
114	3	Jessica Vogelien	52	F	Voorheesville	NY	38:23	10:58

115	3	mike leonard	39	M	east greenbush	NY	38:24	10:59
116	4	Hannah Trees	16	F	Richmondville	NY	38:31	11:01
117	4	Sharon Fellner	46	F	Schenectady	NY	38:37	11:02
118	6	Rachel Aiello	26	F	Latham	NY	38:44	11:04
119	1	Peg Foley	56	F	Schenectady	NY	38:59	11:09
120	7	Melanie Snay	36	F	Delanson	NY	39:15	11:13
121	4	Daniel Pollay	37	M	Delanson	NY	39:16	11:14
122	3	Tristan Southard	11	M	Malden Bridge	NY	39:39	11:20
123	11	Chuck Tobin	33	M	Albany	NY	39:41	11:21
124	8	Parker Race	49	M	Albany	NY	39:54	11:24
125	5	Uzma Qureshi	45	F	Slingerlands	NY	40:14	11:30
126	4	Elaine Humphrey	53	F	Glenmont	NY	40:18	11:31
127	11	Dan Smirlock	56	M	Albany	NY	40:40	11:38
128	5	Laurel Saville	43	F	Albany	NY	41:13	11:47
129	5	Jennifer Senez	23	F	Albany	NY	41:51	11:58
130	6	Mimi Lou	20	F	Niskayuna	NY	42:15	12:05
131	8	Alissa Caton	39	F	Delmar	NY	42:38	12:11
132	1	Erika Lehtinen	7	F	East Greenbush	NY	42:50	12:15
133	1	Laura Clark	60	F	Saratoga Spring	NY	43:42	12:29
134	5	Lisa Lundquest	32	F	Stuyvesant	NY	45:36	13:02
135	1	Donald McBain	74	M	Wynantskill	NY	46:24	13:16
136		Vanessa LaRae		F	Albany	NY	47:35	13:36
137	9	Melissa Jarvis-Ceda	35	F	Albany	NY	47:35	13:36
138	1	Tyler Cowsert	8	M	Pattersonville	NY	49:05	14:02
139	2	Harriet Kang	57	F	Hartsdale	NY	51:50	14:49
140	9	Al Maikels	52	M	Albany	NY	52:16	14:56
141	5	Patricia Legere	51	F	Voorheesville	NY	54:03	15:27
142	3	Anne Gorrill	58	F	Schenectady	NY	57:11	16:21
143	2	Elia Cowsert	6	F	Pattersonville	NY	57:33	16:27
144	7	Kirian Cowsert	27	F	pattersonville	NY	57:34	16:27
145	2	Crais Cowsert	4	M	pattersonville	NY	59:05	16:53

\*\*\*\*\* AWARDS LIST \*\*\*\*\*

\*\*\*\*\* FEMALE OVERALL RESULTS \*\*\*\*\*

1 Dana Peterson 36 Voorheesville NY 23:46

\*\*\*\*\* MALE OVERALL RESULTS \*\*\*\*\*

1 Dennis Hurley, III 15 Delmar NY 21:30

MALE AGE GROUP: 0 - 10

1 138 Tyler Cowsert 8 Pattersonville NY 49:05  
 2 145 Crais Cowsert 4 pattersonville NY 59:05

FEMALE AGE GROUP: 0 - 10

1 132 Erika Lehtinen 7 East Greenbush NY 42:50  
 2 143 Elia Cowsert 6 Pattersonville NY 57:33

MALE AGE GROUP: 11 - 12

1 34 Luke Caton 11 Delmar NY 28:15  
 2 53 Steve Booker 11 Delmar NY 30:46

FEMALE AGE GROUP: 11 - 12

1 35 Emma Hollinger 12 Averill Park NY 28:37  
 2 108 Jill Risko 11 East Nassau NY 37:03

MALE AGE GROUP: 13 - 14

1 55 Billy Lasch 14 Colonie NY 31:01

FEMALE AGE GROUP: 13 - 14

1 10 Casey Gilboy 14 Latham NY 24:12  
 2 25 Lea Cure 13 Altamont NY 27:39

MALE AGE GROUP: 15 - 16

1 3 RJ Sniffen 16 Latham NY 23:03  
 2 6 Jeffery Moller 16 Altamont NY 23:30

FEMALE AGE GROUP: 15 - 16

1 48 Zoe Edwards 16 Voorheesville NY 30:03  
 2 95 Kathleen Willey 16 Clifton Park NY 35:25

MALE AGE GROUP: 17 - 19

1 2 Jared Finke 17 Altamont NY 22:38

2	4 Nick Webster	18 Latham	NY	23:03
		FEMALE AGE GROUP: 17 - 19		
1	14 Roxanne Wegman	19 Delmar	NY	24:45
2	23 Hilary Edmunds	18 Voorheesville	NY	27:32
		MALE AGE GROUP: 20 - 24		
1	13 Gabe Tabak	23 Niskayuna	NY	24:40
2	41 Peter Liefing	24 Albany	NY	29:40
		FEMALE AGE GROUP: 20 - 24		
1	69 Erin Rightmyer	23 Schenectady	NY	32:32
2	71 Ruth Brown	23 Niskayuna	NY	32:41
		MALE AGE GROUP: 25 - 29		
1	17 Brennan TARRIER	29 Albany	NY	26:40
2	21 Chad Madaychik	25 Albany	NY	27:29
		FEMALE AGE GROUP: 25 - 29		
1	15 Maria Christman	28 Rexford	NY	25:08
2	45 Heather Deerin	25 Hoboken	NJ	29:57
		MALE AGE GROUP: 30 - 34		
1	5 Ryan Patz	31 Albany	NY	23:12
2	8 Chris Nowak	32 Watervliet	NY	23:38
		FEMALE AGE GROUP: 30 - 34		
1	44 Sally Drake	34 Albany	NY	29:55
2	65 Jennifer Lutz	32 Albany	NY	31:46
		MALE AGE GROUP: 35 - 39		
1	42 Derick Fay	39 Schenectady	NY	29:45
2	88 Matt Neal	38 Waterford	NY	33:47
		FEMALE AGE GROUP: 35 - 39		
1	22 Kimberly Miseno-Bow	37 Amsterdam	NY	27:31
2	24 Penny Tisko	38 Voorheesville	NY	27:33
		MALE AGE GROUP: 40 - 44		
1	39 Anthony Apuzzi	40 Delmar	NY	29:31
2	90 Joe Bouck	44 Latham	NY	34:00
		FEMALE AGE GROUP: 40 - 44		
1	28 Lynn Ohlsten	42 Altona	NY	27:45
2	72 Anne Hurley	44 Delmar	NY	32:45
		MALE AGE GROUP: 45 - 49		
1	11 Tom Rest	47 Ballston Lake	NY	24:29
2	26 David Brown	49 Niskayuna	NY	27:41
		FEMALE AGE GROUP: 45 - 49		
1	73 Joan Brown	49 Niskayuna	NY	32:47
2	91 Nancy Taormina	48 Albany	NY	34:05
		MALE AGE GROUP: 50 - 54		
1	18 Eric Freedman	50 Duanesburg	NY	26:51
2	38 Mark Regan	51 Glens Falls	NY	29:28
		FEMALE AGE GROUP: 50 - 54		
1	63 Karen Dott	51 Colonie	NY	31:42
2	77 Donna Choiniere	53 Colonie	NY	33:04
		MALE AGE GROUP: 55 - 59		
1	30 John Foley	56 Schenectady	NY	27:54
2	43 Ronald Bouton	56 Albany	NY	29:51
		FEMALE AGE GROUP: 55 - 59		
1	119 Peg Foley	56 Schenectady	NY	38:59
2	139 Harriet Kang	57 Hartsdale	NY	51:50
		MALE AGE GROUP: 60 - 64		
1	20 Ernie Paquin	60 Gansevoort	NY	27:09
2	50 Leo Vogelien	62 Voorheesville	NY	30:15
		FEMALE AGE GROUP: 60 - 64		
1	133 Laura Clark	60 Saratoga Springs	NY	43:42
		MALE AGE GROUP: 65 - 69		
1	62 Bob Knouse	67 Voorheesville	NY	31:38
2	86 Jim Hotaling	67 Niverville	NY	33:40
		MALE AGE GROUP: 70 - 99		
1	135 Donald McBain	74 Wynantskill	NY	46:24